

Cuphea hyssopifolia

COMMON NAMES

false heather

BIOSTATUS

Exotic

CONSERVATION STATUS

Not applicable

CATEGORY

Vascular

STRUCTURAL CLASS

Trees & Shrubs - Dicotyledons

FLOWER COLOURS

Red/Pink, Violet/Purple

HABITAT

Is one of several Central American plants who's habitat is almost wholly confined to large rocks along the edges of usually swift streams. These rocks project above the mean level of the stream, but during times of heavy rain the plants are often covered with rushing water.

GENUS

Cuphea

FAMILY

Lythraceae

AUTHORITY

Cuphea hyssopifolia Kunth

FLOWERING

January, February, March, April

YEAR NATURALISED

1985

ORIGIN

Mexico, Guatemala

TOLERANCES

In Hawaii, as in NZ, the plant has become wild in both "normal" disturbed sites and in stream beds.

ETYMOLOGY

cuphea: From the Greek kuphos 'curved', referring to the shape of the seed pod.

REFERENCES AND FURTHER READING

Gardner, R.O. 1998. Stream sides of false heather *Cuphea hyssopifolia* Lythraceae. Auckland Botanical Society Journal, 63: 65.

MORE INFORMATION

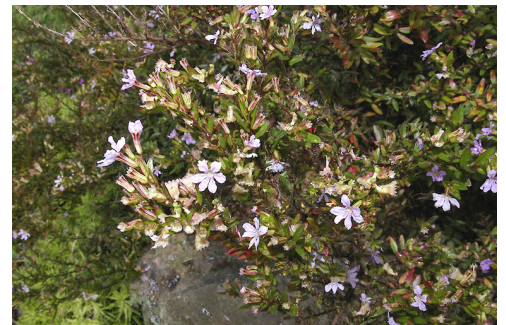
<https://www.nzpcn.org.nz/flora/species/cuphea-hyssopifolia/>

PDF DATE

27 May 2026



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