

# Mentha *x*piperita var. piperita

## COMMON NAMES

peppermint

## BIOSTATUS

Exotic

## CONSERVATION STATUS

Not applicable

## CATEGORY

Vascular

## STRUCTURAL CLASS

Herbs - Dicotyledons other than Composites

## FLOWER COLOURS

Violet/Purple

## SIMILAR TAXA

Leaves usually distinctly petiolate, sometimes sessile on shoots in water, peppermint- or lemon scented. var. piperita: leaves elliptic-lanceolate or narrow-elliptic, peppermint scented; spikes oblong or broad-oblong. var. citrata: leaves usually broad-ovate, lemon scented; spikes +/- subglobose or head-like.

## GENUS

Mentha

## FAMILY

Lamiaceae

## AUTHORITY

Mentha *x*piperita var. piperita L.

## ENDEMIC GENUS

No

## ENDEMIC FAMILY

No

## YEAR NATURALISED

1846

## ORIGIN

Europe

## WETLAND PLANT INDICATOR STATUS RATING

FACW: Facultative Wetland

Usually is a hydrophyte but occasionally found in uplands (non-wetlands).

## ETYMOLOGY

**mentha**: Mint

## NVS CODE

MENPVP

## MORE INFORMATION

<https://www.nzpcn.org.nz/flora/species/mentha-piperita-var-piperita/>

## PDF DATE

27 May 2026

