

Mentha spicata subsp. spicata

COMMON NAMES

mint

BIOSTATUS

Exotic

CONSERVATION STATUS

Not applicable

CATEGORY

Vascular

STRUCTURAL CLASS

Herbs - Dicotyledons other than Composites

FLOWER COLOURS

Violet/Purple

SIMILAR TAXA

subsp. spicata: Stems glabrous or sparsely hairy. Leaves with hairs confined to veins on lower surface; lamina rounded to cordate at base. Inflorescences glabrous or sparsely hairy; spikes slender or fairly stout, often interrupted, especially in lower part. Corolla almost glabrous outside. Nutlets present or 0. Two distinct forms of subsp. spicata are naturalised. 1) Lanceolate or narrow-elliptic +/- plane leaves, deciduous in colder areas. 2) Ovate, ovate-oblong or elliptic rugose leaves, evergreen in all parts of the country.

GENUS

Mentha

FAMILY

Lamiaceae

AUTHORITY

Mentha spicata L. subsp. spicata

ENDEMIC GENUS

No

ENDEMIC FAMILY

No

WETLAND PLANT INDICATOR STATUS RATING

FAC: Facultative

Commonly occurs as either a hydrophyte or non-hydrophyte (non-wetlands).

ETYMOLOGY

mentha: Mint

MORE INFORMATION

<https://www.nzpcn.org.nz/flora/species/mentha-spicata-subsp-spicata/>

PDF DATE

27 May 2026



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