

Sonchus oleraceus

COMMON NAME

sow thistle, sowthistle

FAMILY

Asteraceae

AUTHORITY

Sonchus oleraceus L.

FLORA CATEGORY

Vascular – Exotic

STRUCTURAL CLASS

Herbs - Dicotyledonous composites

NVS CODE

SONOLE

FLOWER COLOURS

Cream, Yellow

YEAR NATURALISED

1832

ORIGIN

Europe, N. Africa, N. and W. Asia

ETYMOLOGY

sonchus: Sow thistle

Foraging for sowthistle

Click on the Radio New Zealand National logo to listen to This Way Up. Simon Morton interviews Johanna Knox about foraging for puha / sowthistle (duration: 20'34")

MORE INFORMATION

<https://www.nzpcn.org.nz/flora/species/sonchus-oleraceus/>



Sonchus oleraceus. Photographer: John Smith-Dodsworth



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